

WEEK COMMENCING

V – Vegetarian
VE - Vegan

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025



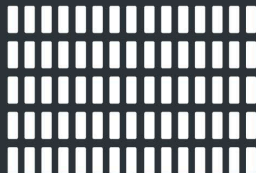

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
<div>MONDAY</div> <div>Lemon & Herb Piri Piri Chicken with Spicy Rice</div>	<div>MONDAY</div> <div>Piri Piri Quorn, Macho Peas and Spicy Rice (VE)</div>
<div>TUESDAY</div> <div>Butter Chicken Curry, Served with Pilau Rice & Tomato, Red Onion & Coriander Salad</div>	<div>TUESDAY</div> <div>Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)</div>
<div>WEDNESDAY</div> <div>Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy</div>	<div>WEDNESDAY</div> <div>Crunchy Topped Macaroni Cheese, House Salad or Seasonal Veg(V)</div>
<div>THURSDAY</div> <div>Mexican Style Beef & Tortilla Lasagne</div>	<div>THURSDAY</div> <div>Smokey Plant Based Chilli, Served with Rice, Nachos & Corn (V)</div>
<div>FRIDAY</div> <div>Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce</div>	<div>FRIDAY</div> <div>Jamaican Squash Pasty Served with Sweet Chilli Sauce & Chunky Chips (VE)</div>

DESSERTS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Syrup Sponge with Vanilla sauce	Apple Strudel & Custard	Chocolate Sponge & Chocolate Sauce	Pear & Cocoa Sponge	Fruit, Jelly & Yoghurt Pots
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP &
FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)	Chicken Yakitori with Rice	Loaded Potato Skins	Garlic & Lemon Chicken Gyros	

<div>NATURally</div> 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pakistani Tarka Dhal (VE)	Vegan Singapore Noodles (VE)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)
				

<div>TRATTORIA</div> 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Tomato & Basil Pasta	Margherita Pizza

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13/01/2025 03/02/2025 24/02/2025 17/03/2025

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CLASSIC HOT & HEARTY


CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
<div>MONDAY</div> <div>Traditional Sausage & Mash with Onion Gravy</div>	<div>MONDAY</div> <div>Vegan Sausage & Mash with Onion Gravy (VE)</div>
<div>TUESDAY</div> <div>Loaded Mac n Cheese with a Selection of Toppings, House Salad & Garlic Bread</div>	<div>TUESDAY</div> <div>No Waste Cauliflower Cheese Pasta Bake (V)</div>
<div>WEDNESDAY</div> <div>Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy</div>	<div>WEDNESDAY</div> <div>Roasted Squash & Feta Pie, Served with Seasonal Vegetables or Salad (V)</div>
<div>THURSDAY</div> <div>Kung Pao Chicken, Served with Egg Fried Rice</div>	<div>THURSDAY</div> <div>Goan Potato & Spinach Curry, Served with Rice, Kachumber Salad & Mango Chutney (VE)</div>
<div>FRIDAY</div> <div>Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce</div>	<div>FRIDAY</div> <div>Vegan Onion Bhaji Burger, Served with Slaw, Chips & Peas (VE)</div>

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Pie & Custard	Peach & Pineapple Crumble	Sticky Lemon Sponge & Custard	Baked Churros with Chocolate Sauce	Fruit, Jelly & yoghurt Pots
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Terriyaki Chicken Wings with Chahan Rice	Korean Fried Crispy Chicken	Chipotle Chicken Chimichanga	Mei Goreng Indonesian Fried Noodles	

<div>NATURally</div> 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reggae Reggae Jackfruit Curry (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)

<div>TRATTORIA</div> 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Margherita Pizza

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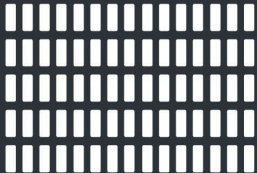

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
<div>MONDAY</div> <div>Beef Bolognaise with Wholegrain Pasta & House Salad</div>	<div>MONDAY</div> <div>Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)</div>
<div>TUESDAY</div> <div>Creamy Garlic Chicken & Mushroom Pasta with Garden Salad</div>	<div>TUESDAY</div> <div>Smokey Bean & Vegetable Pasta Bake (VE)</div>
<div>WEDNESDAY</div> <div>Roast Shoulder of Pork or Salt & Pepper Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy</div>	<div>WEDNESDAY</div> <div>Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)</div>
<div>THURSDAY</div> <div>Chicken Makhani Curry with Pilau Rice</div>	<div>THURSDAY</div> <div>Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)</div>
<div>FRIDAY</div> <div>Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce</div>	<div>FRIDAY</div> <div>1/4lb Quorn Burger with Ranch Slaw, Chips & Peas (V)</div>

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana Pudding and Custard	Warm Blueberry Sponge	Sticky Toffee Pudding with Caramel Sauce	Apple & Mixed Berry Crumble with Vanilla Sauce	Fruit, Jelly & Yoghurt Pots
FRUIT & YOGHURT POTS AVAILABLE DAILY				

HOMEMADE SOUP &
FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Loaded Mediterranean Street Cart Wedges	Chicken Yakatori with Vegetable Rice	Korean Fried Crispy Chicken	Chinese Style Vegan Noodle (VE)	

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fork Friendly Falafel Kebab (V)	Vegan Singapore Noodles (V)	Spiced Paneer & Red Onion Naan (V)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza	Pasta in Cheese Sauce	Margherita Pizza