



WEEK 1

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

BEEF & TOMATO RAGOUT

Pasta

KUNG PAO CHICKEN

Rice

LEMON & THYME ROAST CHICKEN LEG

Roast Potatoes & Gravy

CHICKEN KATSU CURRY

Rice

CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE

Chips & Peas

VEGETARIAN MEAL

PLANT BASED RAGOUT

Pasta

ASIAN VEGETABLE & NOODLE STIR FRY

MACARONI CHEESE WITH A CRUNCHY TOPPING

EGG PLANT KATSU CURRY

Rice

JAMAICAN SQUASH PASTY

VEGETABLES

SALAD

CARROT & SESAME SALAD

SEASONAL VEGETABLES

STIR FRY VEGETABLES

PEAS CHIPS

PASTA POTS

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

MIXED BERRY & APPLE CRUMBLE

Custard

LEMON & LIME CHEESECAKE

SYRUP SPONGE

Custard

SELECTION OF ICE CREAMS & FROZEN YOGHURTS WITH TOPPINGS

CHOCOLATE SPONGE

Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE **SOUP** WITH FRESHLY BAKED BREAD

LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS



PIZZAS, WRAPS & PANINIS FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY

Collect Before You Go Home

LUNCH MEAL DEAL

Check out what's on offer today!

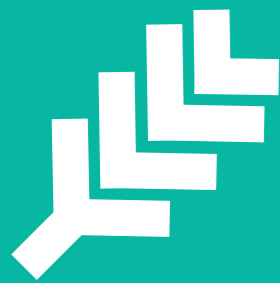


WATCH OUT FOR OUR

POP UP & STREET FOOD PROMOTIONS

All of Our Deli Range, Sandwiches, Salads & Desserts are


FRESHLY MADE HERE DAILY



WEEK 2

Classic Favourites
MONDAY 

EASTERN
TUESDAY 

Great British
WEDNESDAY 

SOUTHERN STYLE
THURSDAY 

Fish & Chips
FRIDAY 

MAIN MEAL

TRADITIONAL SAUSAGE & MASH
Gravy

THAI RED CHICKEN CURRY
Rice

ROAST TURKEY
Roast Potatoes & Gravy

MONGOLIAN GROUND BEEF CURRY
Vegetable Fried Rice

CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE
Chips & Peas

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH
Gravy

GOAN SWEET POTATO & CHICKPEA CURRY
Rice

CHEDDAR, BROCCOLI & LEEK QUICHE

EDAMAME BEAN & VEGETABLE SPRING ROLL
Vegetable Fried Rice

CRISPY ONION PAKORA BURGER WITH MANGO CHUTNEY

VEGETABLES

PEAS CARROTS

STIR FRIED GREENS

SEASONAL VEGETABLES SEASONAL SALAD

ASIAN SLAW

PEAS CHIPS

PASTA POTS

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

CLASSIC APPLE PIE
Custard

APPLE & BLACKBERRY CRUMBLE

JAM SPONGE
Custard

PEAR & GINGER CRUMBLE
Cinnamon Custard

BOSTON BROWNIE
Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

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WEEK 3

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MAIN MEAL	BEEF MEATBALLS IN A TOMATO & BASIL SAUCE Garlic Bread	LEBANESE CHICKEN & TOMATO CURRY Cous Cous	SALT & PEPPER CHICKEN Roast Potatoes & Gravy	MEXICAN SPICED BEEF Nachos, Rice, Salsa	CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE Chips & Peas
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VEGETARIAN MEAL	PLANT BASED MEATBALL PASTA BAKE Garlic Bread	AUBERGINE & CHICKPEA CURRY Rice	ROASTED BUTTERNUT SQUASH WELLINGTON Roast Potatoes & Gravy	MIXED BEAN CHILLI Nachos, Rice, Salsa	CURRIED CAULIFLOWER & SPINACH FLATBREAD & HARISSA HOUMOUS
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VEGETABLES	GARDEN SALAD	SALAD	SEASONAL VEGETABLES	SWEETCORN	PEAS CHIPS
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PASTA POTS	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL
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JACKET POTATO TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT	WAFFLE BAR Fruit Compote	SPICED APPLE SPONGE Cinnamon Custard	STICKY LEMON SPONGE Custard	CHOCOLATE COOKIE TRIFLE	CHOCOLATE BROWNIE Vanilla Sauce
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FRUIT POT SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS SELECTION OF YOGHURT POTS AVAILABLE DAILY

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