



RSE Curriculum Learning Journey

Knowledge & Concepts increase students depth/ challenge and build on previous learning where topics are revisited throughout their learning journey

Sessions		Year 11	Year 7	Year 8	Year 9	Year 10
Each Year group takes an average of 8 weeks for their Session from the first Half Term of the year.	Topics	<ol style="list-style-type: none"> 1. Consent and Sexual Harassment 2. Culture Respect and Porn 3. Protecting Yourself and Coercive Language 	<ol style="list-style-type: none"> 1. Puberty - What is it? 2. Emotions, Periods, and Hygiene 3. Making friends- Choosing well 4. Positive and Safe relationships 5. Healthy Body Image 	<ol style="list-style-type: none"> 1. Bullying and Cyber Bullying 2. Positive relationship and Romance 3. Same-sex relationship Issues 4. Trans and Gender 5. Maintaining Healthy relationships 6. Mind your Language 	<ol style="list-style-type: none"> 1. Underage Sex 2. Contraception 3. STIs 4. Abusive Relationship 5. Teenage Pregnancy 6. Abuse and Discrimination 	<ol style="list-style-type: none"> 1. Consent and Risky Behaviour 2. Harassment and Exploitation 3. Trust and Sending Pictures 4. Perception of Sexuality 5. Verbal Abuse and Consequences
It is delivered by a team of selected staff.	Knowledge	<ol style="list-style-type: none"> 1. Appreciating consent and the effects of non-consensual sex 2. How to protect oneself from abuse or accusations of sexual nature. 	<ol style="list-style-type: none"> 1. Understanding Puberty and preparing for it. 2. Personal Hygiene 3. How to keep safe relationships. 	<ol style="list-style-type: none"> 1. What constitutes bullying and how to avoid it in relationships. 2. Different relationships and maintaining a healthy relationship. 	<ol style="list-style-type: none"> 1. The importance of understanding underage sex and its consequences. 2. Identifying Abuse and discrimination. 	<ol style="list-style-type: none"> 1. Preventing and avoiding risky behaviour. 2. Effects of verbose and how to avoid them.