



HARLINGTON HEADLIGHTS

Dear Parents,

We celebrate April by recognising the respect and understanding illustrated between and amongst our students, their families, our colleagues and the wider community. We have seen a season of Lent culminating in Easter, celebrations for Vaisakhi and Ramadan culminating in Eid al-Fitr. A season of respect and appreciation that echoes both our diversity and respect to listen and reflect on the beliefs, understandings and practices of those around us. Together we make the world a special place and together here we make Harlington a unique opportunity. We reflect on the growth, the challenge that modern life brings and the appreciation of those moments of Joy that too often we neglect or seem to rush past too quickly. With this in mind we challenge ourselves daily to be that best version of who we aim to be, enjoying life and the opportunities around us and always moving forward, growing and learning.

This month again we have had trips out, opportunities for growth in and out of class and events that enable access to wider experiences. We saw at the end of last month the magnificent French Trip, I spoke to you about, that saw us broaden the opportunities for overseas residential trips post pandemic. The ability to grow and learn in a diverse and alternative environment whilst sharing the skills of a foreign language echoes the strength of both our unity through diversity and the ability to build resilience and confidence in our children. We hope this becomes a an opportunity to explore more. I wish to thank again Mrs Lorgeoux, Ms Osamo-Wright, Mr Adams and Mr Kelleher for their time, dedication and enthusiasm in making this trip worthwhile.

We also saw the annual opportunity for the Outward Bound Trip. The support for everyone to build their strength and resilience as a life long skill is essential in life. For a large group of our students they benefited from this programme, supported again by dedicated staff, Mr Jefferies, Ms Borota, Mr Pointer, Ms Bristow and Ms Metcalfe. We are also grateful to the volunteers from RWC, our local sponsor whose contributions this year to supporting our School continue to grow. We are grateful to some of their team who joined our colleagues and students in this venture and gave up their time to support our students growth and development.

These opportunities, thanks to our staff, continue every day at Harlington and each of us has the opportunity to either look back or keep moving forward. We ask that we all continue to move forwards, in support of developing that best version of ourselves and using these opportunities in and out of the classroom for continued growth.

As we head into this final phase of the School Year, exam season is upon us. We wish our Year 11 and 13 the best of luck as this first week of May brings with it the first of the exams and the opportunities that await. Every moment is always precious and to our Year 11 and 13 we ask them to reflect and use the time wisely ready for the exams ahead. For all other year groups, it is an opportunity to reflect and use today wisely for the time that they too will be living up to the opportunities given unto them. This is what, after all, examinations are - the opportunity for us to showcase that best version of ourselves. The hard work and dedication will pay off, the greater effort you place now will pay off in the future.

It is therefore my pleasure to wish our Year 11 and 13 our best wishes as they head into exam season, thanking our parents for their continued support, and reminding our students that they are not alone. Use the journey, keeping moving forward and contribute your best version of yourself to building a better tomorrow. Prepare and be ready.

Antonio D'Onofrio

KeyDates

Monday 1st May 2023

Early May Bank Holiday

Tuesday 2nd May 2023

- National Teachers' Strike Day

(School closed to all students)

- Year 10 Geography Field Studies - Juniper Hall

Wednesday 3rd May 2023

- Year 10 Futures Day

- The Lion King - Lyceum Theatre

Friday 5th May 2023

Year 10 Geography Field Studies- Hayes Town

Monday 8th May 2023

Bank Holiday - Additional day for Kings Coronation

Tuesday 9th May 2023

Year 8 Careers Day- STEM/ Apprenticeships/Pathways

Thursday 11th May 2023

- Year 9 - Brunel STEM

- Year 8 Parents' Evening

Wednesday 17th May 2023

- Year 7 Drop Down Day - Your Life, You Choose

- Year 9 HPV Vaccinations - 2nd Dose

Thursday 18th May 2023

Year 7 Parents' Evening

Monday 29th May - Friday 2nd June 2023

HALF TERM

Attendance

If a student is unable to attend school due to illness or other circumstances, please contact our school attendance officer, Mrs S Beech on 02085873505 or email her at sbeech@harlingtonschool.org

If the school has not heard from you, we will contact you to find out the reason for the absence - this may be done via Truancy Call.

Contact Information

If your address, telephone number or email address has changed, please notify us by emailing schanning@harlingtonschool.org as it's so important we have the correct information on our system.

Hygiene Bank

Harlington School have created a Hygiene Bank for students who are struggling with day to day essentials. We have a range of toothpaste, tooth brushes, deodorants and period products. If you feel this is something your son/ daughter would like, please contact Ms K Walsh (kwalsh@harlingtonschool.org), where we will be more than happy to create a pack for them.



An UBER advisory

Parents and students, please be aware of the rules and regulations surrounding UBER use. We want to ensure all students are able to go home safely

You must be 18 years or older to have an Uber account. **This means that you must be at least 18 years old to ride unaccompanied in a vehicle.** Account holders can't request a ride or delivery for someone under the age of 18 who will not be accompanied by either the account holder or another adult during the ride or when collecting the delivery. This includes when ordering food, children are also not allowed to use an adult's Uber Eats account by themselves.¹ Children are not permitted to order food to the School.

<https://www.uber.com/gb/en/safety/uber-community-guidelines/keep-safe/#:~:text=People%20under%20the%20age%20of%2018&text=Adults%20can't%20request%20a,allow%20them%20to%20ride%20alone.&text=People%20under%20the%20age%20of%2018%20are%20not%20allowed%20to%20order%20or%20receive%20alcohol%20deliveries>

If you have any concerns please speak to your Head of Year who can support you.

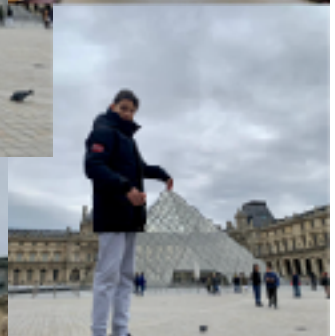
Paris Trip

Monday 27th - Friday 31st March 2023

This year's MFL residential trip saw 4 teachers and 39 students from years 8-11 embark on a journey to Paris.

Each day featured visits to some of the city's most iconic landmarks, including the Eiffel Tower, the Louvre Museum, Sacre-Coeur Basilica and the Stade de France. Panoramic views were taken in from the colossal Montparnasse Tower, while we also explored the heart of Paris by boat, courtesy of the river Seine. For some, a huge highlight was Disneyland Paris - even the staff managed to brave the nerve-jangling Star Wars ride - while for others our time spent in the Pompidou Centre and the Museum of Perfume opened a window into French culture. No trip to France would be complete without a taste of French cuisine, so it was only fitting that students tried some delicacies including local cheese and snails!

Overall, our time spent in Paris was a huge success which we hope provided our students with long-lasting memories. We look forward to our next residential trip abroad!





Solomon Theatre performed the Skin Deep to our Year 11 Students on Tuesday 11th April 2023. Based on true events, this hard hitting show immediately connected with the students through compelling dialogue and rap music.

The strong messages delivered were:

- Violence, including protectionism and knife crime.
- Extremism & prejudice challenging thinking and developing understanding.
- Grooming and exploitation, how gangs function & the consequences of membership.

Year 12 Study Skills Day

On Wednesday 19th April our Year 12 students attended a study skills session delivered by Stephen James from the organisation 'Study Skills Zone'.

Students undertook a range of activities designed to help them remember key knowledge more effectively. Students especially commented on the fun nature of the activities and the competitive elements that were built in as an incentive to work well.

Pictured are a team of students who worked together and won one of the memory technique activities.

Students now need to put these techniques into action in order to prepare for their end of year examinations. Start revising now!!!

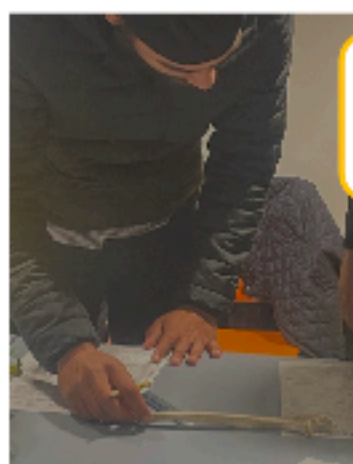


Brunel University - April 2023

Yr 12—STEM workshop—Body In The Box

6 year 12 students who are studying STEM (Science, Technology, Engineering, Maths) subjects attended a workshop run by Brunel University called "Body in the Box"

Students worked in teams with students from other schools to solve the crime mystery of who the body in the box was using data, analysis, DNA testing and observation skills.



I enjoyed learning how to do the DNA finger printing and measuring the bones.



I would like to do some further research into DNA testing as I found that task very interesting during the event.



I will look further into anthropology as that section interested me the most.

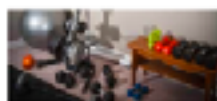


Fahad Chaudhary and Mohammad Hamza were on the team that gained the highest amount of points ever—93,000 beating schools across the UK.

Huge congratulations to them both



PE Flexi Timetable Half Term 1 2022			
	Lunch		After School
	Period 5	Period 6	3pm
Monday	Table Tennis (Mr Richards) Main Hall	Table Tennis (Mr Walsh) Main Hall	Monday Night Football All Years Changing Rooms
Tuesday	No club due to lessons	No club due to lessons	Basketball Year 10 & 11 (Mr Kelleher) Sports Hall
Wednesday	Badminton (Mr Yates) Sports Hall	No club due to lessons	Netball All Years (Ms Jackson, Ms Parker-Brice) Sports Hall
Thursday	Fitness (Ms Jackson) Fitness Room	Badminton (Mr O'Donoghue) Sports Hall	No clubs due to meetings
Friday	No clubs due to lessons	Fitness (Mr Carroll) Fitness Room	



Developing physically literate learners; with a sporting habit for life

Extracurricular Activities

YEAR 11 REVISION

STAY FOCUSED!

- A QUIET SPACE TO STUDY
- DEDICATED STAFF
- REVISION MATERIAL

REVISION CLUB

Learning Development Dept
Tuesdays, Wednesdays & Thursdays
2:40pm - 4:00pm

JOIN NOW! Any further queries contact: Mrs Gowers or Mrs Choudhary

DRAMA CLUB

Speak to Miss Yates for more details

COME ALONG AND GET INTO THE ACT!

JOIN US IN THE DRAMA HALL EVERY WEDNESDAY 3-4PM.
EXPECT: DRAMA GAMES, PHYSICAL THEATRE AND SHORT SCENE WORK!

Homework Club

GET IT DONE!

Join our Despatch homework club where you can get your homework done without distractions and work to the best of your ability. We offer a variety of resources as well as dedicated staff willing to help. Never get in trouble for not handing in your homework again!

Contact Us

Room: LDD Dispatch
Staff Member: Mrs Choudhary

What Do We Offer?

Location
Trenchard 021

Dates
We run every Tuesday, Wednesday & Thursday from 2:40pm until 4:00pm.

Stamp Rewards Programme
Attend homework club and get your card stamped 10 times for a surprise!

French Club Years 7 & 8



Extracurricular Activities

Dungeons & Dragons



Mr Adams is running a Dungeons & Dragons club. It is an invite **only** club at the moment as we can only have a small group attend at a time, but it has become so popular that he is looking to expand it this school year to accommodate more students that have shown interest.

Dungeons & Dragons is a powerful learning tool that provides kids with numerous social, emotional, and creative benefits.

We run on Thursdays and the first session is next week. If any students are interested, they can go and speak to Mr M Adams and he will set up a waiting list for new groups to be put together.



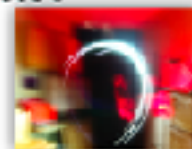
PHOTOGRAPHY CLUB

- Do you like taking photographs?
- Do you have a camera or a phone that allows you to take photographs?
- Sign up for photography club!



YR 7/8/9 TUES 2.45 – 3.30

Mr Pointer &
Ms Duff
B13



*****Limited places*****

First students to attend will be awarded a place at the club, other students will be put on a waiting list and contacted if students drop out.

Photography Club Years 7, 8 & 9

Chartwells New Menu

WEEK 1 HALAL MENU H

FOOD UNION

	CHOICE One	CHOICE Two
MON	Chicken Burgers and Mash With Peas and Gravy	Traditional Cottage Pie With Meat, Peas and Gravy
TUE	Chicken Masala Nao With Masoori Lentil Soup	Roasted Rainbow Vegetables With Potatoes, Fennel, Carrots, Onions, and Roast Beef
WED	BBQ Mandarin Chicken With Vegetable Egg Fried Rice	Sweet Chili Noodles
THUR	Beacha-Glazed Chicken Burger With Cheddar Potato Wedges and Sauces	Plant Ball Marinara Melt With Cheddar Potato Wedges and Sauces
FRI	Fish and Chips With Salad Beans and Peas	Vegan Sausage Roll With Chips, Salad Beans and Peas

🌱 Fruity! 🍷 Nutritional's Choice 🌿 Vegetarian 🐟 Oily Fish 🌾 Wholegrain 🍗 Halal

WEEKLY SPECIAL

Indian Chicken Salad

SALADS:
Tuna Sweetcorn Pasta Salad
Pesto Pasta Salad

SANDWICHES/SNAGGETTES:
Chicken
Chicken & Mayo
Chicken
Chicken Sandwich
Chicken & Tomato

WRAPS:
Tuna Chicken Wrap
Pepper & Mushroom Wrap

HOT DRINKS:
Pancakes
Pasta & Sauce
Friedly Baked Pasta
Jacket Potatoes & Toppings

WEEK 2 HALAL MENU H

FOOD UNION

	CHOICE One	CHOICE Two
MON	Sticky Joe Burger With Tomato and Onion Chutney and Sauces	Vegetarian Cottage Pie With Seasonal Vegetables and Peas
TUE	Chicken Katsu With Shogun Sauce and Peas	Roasted Butternut Squash, Chickpeas and Roasted Buddha Bowl
WED	Roasted Chicken and Mash With Lentils and Gravy	Mashed Cheese With Shogun Sauce and Peas
THUR	Chicken Tikka Masala With Rice and Chutney Sauce	Roasted Cauliflower and Chickpea Korma With Rice and Chutney Sauce
FRI	Crispy Chicken Burger With Chips	Vegetarian Buncho With Chips

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SANDWICHES/SNAGGETTES:
Chicken Sandwich
Chicken & Mayo Sandwich
Chicken Sandwich
Chicken & Tomato Sandwich

WRAPS:
Tuna Chicken Wrap
Pepper & Mushroom Wrap

HOT DRINKS:
Pancakes
Pasta & Sauce
Friedly Baked Pasta
Jacket Potatoes & Toppings

WEEK 3 HALAL MENU H

FOOD UNION

	CHOICE One	CHOICE Two
MON	BBQ Chicken Meatballs With White Bean Pasta	Cauliflower Mac 'n' Cheese With Peas, Potatoes and Peas
TUE	Crispy Katsu Fish With Wholesome Rice and Peas	Vegetarian Chili With Wholesome Rice and Peas
WED	Roasted Chicken and Mash With Peas	Beefroot and Feta Burger With Baked Potatoes and Peas, and Apple Sauce
THUR	Chicken Shawarma With Tzatziki, Feta and Peas	Chinese Vegetable Noodles With Peas
FRI	The Chicken Sausage Dog With Chips, Baked Beans and Peas	The Veggie Dog With Chips, Baked Beans and Peas

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Chicken Sandwich
Chicken & Mayo Sandwich
Chicken Sandwich
Chicken & Tomato Sandwich

WRAPS:
Tuna Chicken Wrap
Pepper & Mushroom Wrap

HOT DRINKS:
Pancakes
Pasta & Sauce
Friedly Baked Pasta
Jacket Potatoes & Toppings

SPRING IS HERE!

There's a buzz in the air – warm temperatures and the long sunny days of summer are coming – but for some we need to get exams done first. Whatever your children are studying for this term, we'll help them be prepared with our new fresh and tasty menu.

Pop-ups coming this term ▶



WHAT'S NEW

We're hearing loud and clear that pupils want to grab a pot of flavourful food and go. With this in mind, and preparing for another hot summer, we've created incredibly tasty dishes such as Roasted Rainbow Veg and Chicken Tikka Naan bowls, as well as tastebud tantalising cold options too.

WHY ARE THESE GOOD CHOICES?

The stresses and demands on teenage brains are high, so eating regularly is important to fuel the mind and body.

We've got a menu full of tasty, healthy options that are great for studying and staying focused. Choose from our Chinese Vegetable Noodles or Veggie Dog – both have plenty of fibre to help in keeping students energised and feeling great throughout the day.

